



Preparing My Family for Rocket Fire

Dear Resident,

As a result of the threat of rocket fire coming from the Gaza Strip, it is very important to prepare your family to cope with the threat. Early preparation means improving your family's feeling of safety, and may, in time of need, even save lives. Over the past year, you have received a number of informational bulletins about preparing for states of emergency. This bulletin will help you manage the threat of rocket fire, and therefore it is important that you undertake the necessary steps to prepare. It is a well-known fact that the family is the most significant source of coping for both parents and children, and therefore it is important that all family members be involved in the preparations, and acquire the necessary tools for coping well with any eventuality that might arise.

We are with you.

The Home Front Command

How to choose a secure room

It is important to designate a secure room in your home or in any location you may be staying, based on the following priorities:

1. MAMAD - Hebrew acronym for "Residential Secure Space," or MAMAK - Hebrew acronym for "Story-wide Secure Space."
2. If there is no MAMAD or MAMAK in the building you are staying in, choose a secure room located as far away as possible from the direction of the rocket threat. It is preferable that the room have a minimum of exterior walls, windows and openings. If no such room is available, you may designate the stairwell of the building as your secure room.
3. Residents of the upper floor of a building without a MAMAD should designate the stairwell one floor under their apartment as their secure room.

Directions for behavior during rocket fire

When the siren is sounded or when you hear the sound of an explosion or the "COLOR RED" alert, you must act according to the following directions within 15 seconds:

If you are indoors enter the MAMAD immediately and close the steel window.

If there is no MAMAD in the building, enter the room located farthest from the direction of the threat. It is preferable that the room have a minimum of exterior walls, windows and openings. If no such room is available, go into the stairwell.

Once inside the secure room or space, sit on the floor, beneath window level, next to an interior wall, but not across from a window.

If you are outdoors: In a built-up area, enter the nearest structure or shelter. In an open area, lie down on your stomach and protect your head with your arms.

If you are traveling in a vehicle stop by the side of the road, exit the vehicle, and enter the nearest structure or shelter. In an open area, lie down and protect your head with your arms.

After 5 minutes you may leave the secure room unless you have received directions to the contrary.